

A Message to our Clients:

With our reopen date of June 1st drawing near, it is our hope that we can make your experience with us as relaxing and professional as possible, despite the new rules and changes we have been required to make. As we all navigate this new territory together, below are some things you can expect to experience when visiting our studio:

- \* We will be operating "By Appointment Only". Typically, this is the nature of our business for appointments anyway, with an occasional walk-in. However, at this time, please refrain from visiting the studio without an appointment. We can be reached by phone, direct text to your service provider, or email, if you have any questions, concerns, or need assistance purchasing gift certificates. Of note, gift certificates may be purchased online via our website: [www.mybodyandsole.com](http://www.mybodyandsole.com).
- \* When you arrive for your appointment: From your vehicle, please call our studio, 540-982-2639, or text your provider directly, and please no more than 10 minutes early. Messages will be checked and your service provider will inform you when you are able to physically enter the studio.
- \* You must wear a mask into the studio, and plan to continue wearing it for the duration of your service as we follow our mandatory guidelines (if you fail to wear or bring one, we will provide one for you.)
- \* Upon arrival, you will be asked standard coronavirus screening questions, and to sign a waiver. You must complete this information in order to be seen, and every time you enter the studio.
- \* You will have your temperature checked and recorded upon entering the studio. You will also be required to use hand sanitizer in the presence of your service provider.
- \* Please use the restroom before entering. If you have to step out for any reason, you will be screened when you re-enter, even if you have already been screened. Be advised that leaving the studio once you've been checked in could impact your appointment time.
- \* Please limit your belongings to a purse/wallet and phone, if possible.
- \* No outside food, drinks or shopping bags will be allowed into the studio.
- \* Please plan to come alone for your service. No guests will be allowed to wait inside the studio. Should you need assistance, your caregiver will be allowed in with you, but please be prepared with minimal belongings and a mask.
- \* If client is a minor, parent may accompany child for necessary paperwork, but should plan to undergo Covid-19 screening, and to wear a mask. Parent should then wait outside the studio, or in the vehicle during your child's session. Your service provider can contact you when the session is over and your child is ready to leave.
- \* No couples massages will be booked at this time.
- \* Contactless payment options will be provided, along with standard payment methods. If you plan to pay with cash, please bring the exact amount. No change will be provided at this time.
- \* As much as we enjoy visiting with our clients before & after an appointment, we must keep this "short and sweet", as we are now required to schedule more time between clients for additional preparation and disinfection for the next client.
- \* Reminder - online booking is disabled at this time. Please call our studio, 540-982-2639, or contact your service provider directly to schedule your appointments.

We appreciate your understanding, and we are looking forward to seeing you....most of all, we appreciate YOU!